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# SUMMER

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# RELAY

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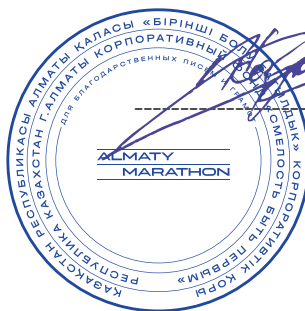
SUMMER RELAY 2025  
RUNNING COMPETITION  
**REGULATIONS**

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# SUMMER RELAY

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APPROVED BY  
Corporate Fund "Courage to be the First"  
Executive Director,



\_\_\_\_\_/ S.N. Kazybayeva  
10 June 2025

SUMMER RELAY 2025  
RUNNING COMPETITION

# REGULATIONS

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# REGULATIONS

Summer Relay 2025 (hereinafter – the “Competition”) is a summer relay race for teams of five, covering a distance of 10 km, and also includes the following:

- 2000 meters (children’s race);
- 1000 meters (children’s race);
- 500 meters (children’s race).

It is a city event for running and sports enthusiasts, where every resident and guest of Almaty can participate.

## 1. GOALS OF THE COMPETITION

- popularization of running and Nordic Walking;
- preparation of runners for international marathon competitions;
- formation of a healthy nation;
- development of mass sports;
- popularization of a healthy lifestyle among residents and guests of Almaty;
- encouraging rejection of bad habits;

## 2. ORGANIZER OF THE COMPETITION

### 2.1

Overall management of the Competition is carried out by the Corporate Fund “Courage to Be First.”

### 2.2.

The organization of the preparation and conduct of the Competition is entrusted to the organizing committee of the Corporate Fund “Courage to Be First” (hereinafter referred to as the “Organizing Committee”).

# 3.

## PARTICIPANTS OF THE COMPETITION

### 3.1.

The Competition is open to:

- Professional athletes and amateur runners;
- Participants of various age groups (determined by race distance).

### 3.2.

Participation is available only to individuals who have registered on the official website of the Organizing Committee and paid the entry fee.

### 3.3.

Participants are required to:

- Complete registration at [almaty-marathon.kz](http://almaty-marathon.kz);
- Provide accurate and up-to-date personal information;
- Comply with the event rules stated in this Regulation.

### 3.4.

The Competition is open to participants in the following age categories:

- 10 km relay – participants aged 15 and older;
- 2000 meters (children's race) – ages 12-14;
- 1000 meters (children's race) – ages 9-11;
- 500 meters (children's race) – ages 4-5 and 6-8.

### 3.5.

Age is calculated based on the participant's full age as of the date of the Competition.

# 4.

## TIME AND PLACE OF THE COMPETITION

### 4.1

Time and venue of the Competition:

July, 26, 2025, from 17:00 to 24:00.

### 4.1

Venue of the Competition: Almaty Arena Ice Palace.

### 4.3

Start and finish lines for all distances: Almaty Arena Ice Palace

**5.1**

The Competition Program includes the following distances:

- Relay (10 km)
- 2000 meters (children's race)
- 1000 meters (children's race)
- 500 meters (children's race)

**5.2.**

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Age categories of the Competition:

**5.2.1.**

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Team Categories of the Competition:

- Men (male-only): a team consisting exclusively of male participants.
- Women (female-only): a team consisting exclusively of female participants.
- Mixed (mixed-gender team): a team including both men and women; at least one participant of each gender is required.
- Business (corporate team): a team representing one company, including both men and women; at least one participant of each gender is required.

**5.2.2.**

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Age categories for the 2000 m (children's race) distance race:

- 12-14 years

**5.2.3.**

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Age categories for the 1000 m (children's race) distance race:

- 9-11 years

**5.2.2.**

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Age categories for the 500 m (children's race) distance race:

- 4-5 years
- 6-8 years

# 6.

## EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION

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### 6.1.

Expenses for the organization and conduct of the Competition are borne by the Organizing Committee.

### 6.2.

Expenses related to travel, accommodation, and meals during the Competition are borne by the organizations sending participants or the participants themselves.

# 7.

## REGISTRATION OF PARTICIPANTS AND THEIR ADMISSION TO THE COMPETITION

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### 7.1.

Registration for individual races (2000 m, 1000 m, 500 m – children's distances) takes place on the website [almaty-marathon.kz](http://almaty-marathon.kz) starting from June 10, 2025, and will close on July 20, 2025, or once 1300 (one thousand three hundred) participants are registered.

### 7.2.

Registration for the team relay is conducted at [www.almaty-marathon.kz](http://www.almaty-marathon.kz) starting from June 10, 2025, and will close on July 20, 2025, or once 200 (two hundred) teams are registered.

### 7.3.

Registration for corporate participants in the "Business" category is available upon request by email: [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

Corporate participants are defined as teams whose participation is paid for by a company or organization. Payment is made via bank transfer to the account of the organizing committee.

An invoice will be issued upon request sent by a corporate team representative.

After registering the team on the website, the representative must provide the team's ID number to receive the invoice.

### 7.4.

A participant is considered registered if they:

- Register for a specific distance on [almaty-marathon.kz](http://almaty-marathon.kz);
- Receive an individual participant number;
- Pay the entry fee.

Only those who have paid for a participation slot are included in the official participants list.

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## 7.5.

By registering and paying the entry fee, the participant confirms their agreement with all terms outlined in these Regulations.

They also confirm that they are familiar with the rules of the Competition, understand their responsibilities, and agree to comply with all requirements set by the Organizing Committee.

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## 7.6.

Entry fees for the Competition distances:

- 10 km relay - 55,000 (fifty-five thousand) KZT
- 2000 m (children's race) - 8,000 (eight thousand) KZT
- 1000 m (children's race) - 7,000 (seven thousand) KZT
- 500 m (children's race) - 6,000 (six thousand) KZT

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## 7.7.

Changing race distance is only possible until July 13, 2025.

If a slot has already been purchased, the participant must contact the Organizing Committee and pay a change fee of 1,000 KZT.

If switching to a longer distance, the participant must pay the difference in cost.

If switching to a shorter distance, the difference is non-refundable.

Changes are only allowed if there are available slots in the desired distance. A new race number will be issued, and the previous number will be invalidated. To change a distance, write to: [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

If a female participant is added to a "Men" team, the category changes to "Mixed" automatically; the same applies to "Women" teams.

Team names printed on race numbers are assigned only if registration and payment are completed by July 5, 2025. Offensive language in team names is not allowed.

"Business" category teams must provide a work certificate for each member. This document is mandatory for participation.

If a participant has purchased a slot but is unable to race due to illness or injury, a replacement can be arranged.

Required documents: proof of reason (medical certificate or doctor's note) and ID of the participant being replaced. Replacement requests must be submitted before 18:00 on July 24, 2025 to: [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

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## 7.8.

Transferring a slot to another event within the organizer's 2025 sports calendar is available for a fee. The transfer fee is 1,000 KZT.

Transfer is only possible if there are available slots in the selected event and distance.

The old race number will be invalidated, and a new one issued.

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## 7.9.

Entry fees are non-refundable. Payments made to an incorrect or unrelated participant ID are also non-refundable.



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#### 7.10.

Only participants aged 15 and older are allowed in the team relay. A team consists of 5 members, each running a 2 km segment. One participant may not run in more than one team or complete more than one lap. Participation fee per team: 55,000 KZT. Registration runs from June 10 to July 20, 2025, or until 200 teams are registered. For more details, email: [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

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#### 7.11.

Participants without BIB numbers are not admitted to the Competition.

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#### 7.12.

A participant of the Competition must place the BIB number on his/her chest or waist belt to make it clearly visible.

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#### 7.13.

Participation in the Competition under another participant's number is prohibited. If it becomes known that a participant of the Competition has transferred his/her BIB number to another participant, the Organizing Committee will disqualify both participants and cancel their results, as well as deny both participants access to the next three Competitions.

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#### 7.14.

It is prohibited to participate in the Competition wearing headphones.

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#### 7.15.

Participants with disabilities can receive a free slot by sending a request to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) by July 13, 2025.

The application must include:

- Full name of the participant;
- Participant's chosen distance;
- Documents confirming disability.

The accompanying person pays for their participation independently. The number of slots for participants with disabilities is limited. If all free slots are already taken, the Organizing Committee reserves the right to deny the participant free entry.

## 8.

### DISTRIBUTION OF STARTER KITS

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#### 8.1.

Distribution of starter kits for participants of the Competition will take place from on July 25 from 10:00 to 20:00, and on July 26, 2025, from 10:00 to 14:00. Pick-up location: Almaty, 5/2 Al-Farabi Avenue, Jurek Tau Shopping Center.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

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## 8.2.

The starter kit includes: a bib number, a timing chip for recording results, a bag, and safety pins.

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## 8.3.

Corporate participants of the Competition may collect their race kits on July 25, 2025, from 10:00 AM to 8:00 PM, and on July 26, 2025, from 10:00 AM to 2:00 PM, during the bib distribution period specified in Clause 8.1 of these Competition Regulations. To receive the race kit, it is necessary to present either the original or an electronic version of the participant's ID card. One person may collect no more than 5 (five) race kits for competition participants, including their own. The distribution of race kits is carried out in accordance with Clause 8.4 of these Regulations.

Teams registered in the "Business" category are required to provide a certificate of employment for each team member when collecting race kits. Providing a certificate of employment is a mandatory condition for participation in the corporate race.

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## 8.4.

Participants must present the following documents for admission:

For participants under the age of 18:

- ID card (original or in electronic) / Birth Certificate (printed);
- Acknowledgement Note from parents or guardian(s) giving permission to participate in the Competition (printed);
- ID card of parents or guardian(s), who signed in person the Acknowledgement Note (original or in electronic).

For participants aged 18 and over:

- ID card (original or in electronic);
- Health Acknowledgement (printed or signed online).

Participants can sign the Health Acknowledgement online by visiting the Almaty Marathon website or by scanning a QR code on the starter kit distribution day. The Egov mobile app with valid electronic digital signature (EDS) keys must be used to sign online. A printed version is not required if signed electronically.

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## 8.5.

Purchased race T-shirts will be distributed on the day of starter kit distribution. Participants who miss this can collect their shirts within 14 calendar days after the race at the office of the "Courage to Be First" Corporate Fund.

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## 8.6.

Other cases will be discussed individually when applying to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) before 14:00 on July 27, 2025

# 9.

## COMPETITION PROGRAM (TO BE PUBLISHED LATER)

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# 10.

## TIME LIMITS FOR COMPLETING DISTANCES:

- Time limit for completing the 10 km relay – 2 hours 00 minutes;
- Time limit for completing the 2000 m run – 30 minutes;
- Time limit for completing the 1000 m run – 20 minutes;
- Time limit for completing the 500 m run – 20 minutes.

# 11.

## LOCKER ROOM

### 11.1.

The Organizer is not responsible for the contents of the participant's bag.

### 11.2.

Suitcases, large-size bags and other items not in a branded bag will not be accepted for storage in lockers.

### 11.3.

The Organizing Committee will not consider any claims over missing items from bags. The Organizing Committee do not recommend to store valuables, cash, or jewellery in lockers.

# 12.

## CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS

### 12.1.

Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition's panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the finish time.

### 12.2.

Race winners and prize-winners of particular competition distances are determined in accordance with the World Athletics Rules.

### 12.3.

Official results of the Competition will be published at [almaty-marathon.kz](http://almaty-marathon.kz) within 24 (twenty-four) hours after the end of the Competition.

In the event that the Organizing Committee receives information on any violation of the Competition Rules by its participants, the Organizing Committee has the right to examine the competition venue and analyse the photo and video records. The Organizing Committee has the right to change the final scoresheet if the violations are proved.

#### 12.4.

Participant results are only recorded if the BIB number is correctly attached to the chest or waist belt.

#### 12.5.

The Competition Organizing Committee does not guarantee that personal results of the Competition participants will be recorded in the following cases:

- Incorrectly fixed chip.
- Chip demagnetization.
- Chip covered by clothing or otherwise obscured;
- Disqualification of the participant on the basis of the resolution made by the Competition's Panel of Judges.
- Chip damaged by a participant.

#### 12.6.

How to interpret results - terms used:

- DNS - Did not start (participant did not start);
- DNF - Did not finish (participant did not finish);
- DSQ - Disqualified (participant is disqualified);
- CR - Championship Record (record of competitions);
- GUN TIME - Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant.
- CHIP TIME - Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! RACE WINNERS AND PRIZE-WINNERS OF THE COMPETITION ARE DETERMINED ON THE BASIS OF THE PARTICIPANT'S GUN TIME.

## 13.

### AWARDING OF COMPETITION WINNERS

#### 13.1.

In the "Business" category relay, teams placing 1st to 3rd are awarded. Winners and prizewinners receive cash certificates, trophies, and valuable prizes.

In the "Men", "Women", and "Mixed" category relays, teams placing 1st to 3rd are also awarded. Winners and prizewinners in this distance receive certificates, statuettes, and valuable prizes.

#### 13.2.

In the 2000 m, 1000 m, and 500 m distances, awards are given to boys and girls placing 1st to 3rd in their respective age categories. Winners and prizewinners receive medals, certificates, and valuable prizes.

### 13.3.

All finishers within the time limit receive a finisher's medal.

### 13.4.

The cash prizes are paid out within 15 (fifteen) business days after the Competition via a bank transfer to the personal account of the winner. In order to receive the cash prize, the winner of the Competition should, within 3 (three) business days after the Competition, submit the following documents:

- For residents of Kazakhstan: a Bank Account Certificate and a copy of identity document.
- For non-residents of Kazakhstan: a copy of identity document, bank name, address of the bank office and the city where you will receive the cash prize.

The documents should be sent to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz)

### 13.5.

If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize within 10 (ten) business days after the Competition. The exact address to pick up your prize will be announced on official information sources. If a participant of the Competition cannot pick up the prizes in person and delegate the receipt of the prizes to an authorized person, the winner of the Competition should email to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) his/her address where the prize can be delivered by the Organizing Committee at the expense of the participant. This option is available only to residents of the Republic of Kazakhstan.

### 13.6.

Upon expiration of the above term, the Organizer reserves the right not to give the prizes to winners.

## 14.

## RULES OF CONDUCT ON THE COMPETITION COURSE

The Competition takes place in compliance with the World Athletics (hereinafter - WA) Rules.

### 14.1.

Recommendations:

- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the course.

### 14.2.

It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes and participants with special jogging strollers.
- Use headphones. Participants must hear warnings from other runners, judges, organizers and officials organizing the Competition.

- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers.
- Stop on the course. In case of feeling unwell, the participant should, if possible, stop and move to the side of the course, without obstructing the movement of other race participants.
- Obstruct the movement of other participants and the competition in any other way.
- None of the team officials, other persons have the rights to walk, run, move near a participant at the time when the participant takes food or drinks.
- A participant may be disqualified for violation of these rules.

## 15. DISQUALIFICATION

### 15.1.

The Competition Organizing Committee has the right to disqualify a participant of the Competition in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a BIB number;
- a participant neglects the instructions and comments of the Organizing Committee, judges or a chief physician of the Competition;
- a participant violates the Competition Regulations;
- a participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.

### 15.2.

A participant, who:

- took or received food or water at a place other than an official catering facility, unless they have been provided for medical reasons by or under the direction of the competition judges,
- or took food from another participant,

must be first warned by a judge by showing a yellow card. For the second violation, the judge shall disqualify the participant by showing a red card.

### 15.3.

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The Organizing Committee has the right to disqualify a participant if he/she uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition.

### 15.4.

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Participants of the Competition will be excluded from the final scoresheet in the following cases:

- a participant participates under another participant's number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses mechanical means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant starts running not from his/her cluster;
- a participant runs without a BIB number for a particular competition or if the bib number is hidden under his/her clothing;
- a participant violated the rules of these Regulations.

### 15.5.

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A participant may be disqualified for unseemly, rude or abusive language towards event organisers, judges, volunteers.

### 15.6.

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The Competition participants are prohibited from holding unauthorised political, social and other rallies, making provocative appeals, political solicitations, protests, demonstrations, and using any political, social attributes, logos. Those participants violating this clause will bear responsibility in accordance with the laws of the Republic of Kazakhstan.

## 16. COMPETITION'S PANEL OF JUDGES

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### 16.1.

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Competition's Panel of Judges thoroughly monitors compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

### 16.2.

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Competition's Panel of Judges includes:

- Chief Judge of the Competition

The Chief Judge of the Competition distributes responsibilities among certain judges of the Competition and submits a report to the Organizing Committee upon completion of the Competition.

- Chief Scorer of the Competition

The Chief Scorer of the Competition processes scoresheets and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

- Judges of the Start and Finish Zones of the Competition

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record results of first 50 (fifty) finishers according to the finish scoresheets. The scoresheets are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system. Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

### 16.3.

#### Chief Physician of the Competition

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.

## 17.

### FORCE MAJEURE

#### 17.1.

In case of an official ban imposed on the Competition by the government bodies/agencies/services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition. The exact new date of the Competition will be announced later by publishing in the Organizing Committee's information sources specified in clause 21 hereof and by mailing to the participants' e-mail addresses specified by the participants during their registration for the Competition.

#### 17.2.

If, due to state regulatory acts of the Republic of Kazakhstan, a foreign participant from another country cannot cross the state border of the Republic of Kazakhstan on the eve of the Competition and participate in the Competition, they may submit a request to the Organizing Committee to transfer their entry fee to the SUMMER RELAY in 2026. In this case the request should be sent to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).



# 18.

## PROTESTS AND CLAIMS

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### 18.1.

Protests shall be submitted to the Competition Organizing Committee and considered by the Competition's Panel of Judges.

### 18.2.

A participant of the Competition has the right to submit a claim within 2 (two) calendar days after the end of the Competition. Claims should be sent to the email address [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz). When submitting a claim, the participant must provide the following information:

- participant's full name (anonymous submissions will not be considered);
- essence of the claim;
- grounds for the claim (photo or video evidence).

### 18.3.

The Competition Organizing Committee shall prepare its official reply to the participant of the Competition within 2 (two) business days after it receives the protest and/or claim, the reply shall be sent to an e-mail, which the claim/protest had been filed from.

### 18.4.

Claims are accepted only from participants of the Competition.

# 19.

## MEDIA ACCREDITATION

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### 19.1.

To obtain media accreditation for the Competition, it is necessary to send the following information (name of the media outlet, full name of the correspondent, operator, photographer, contact phone number, and email) to the email address [prmanager@almaty-marathon.kz](mailto:prmanager@almaty-marathon.kz) by July 25, 2025.

# 20.

## INFORMATION SOURCES OF THE COMPETITION

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### 20.1.

Detailed information on the Competition is available on web-site [almaty-marathon.kz](http://almaty-marathon.kz), as well as at

the following social media sites of the Organizing Committee:

- <https://www.facebook.com/almatymarathon/>
- <https://www.instagram.com/almatymarathon/>
- [t.me/almaty\\_marathon](https://t.me/almaty_marathon)
- <https://vk.com/almatymarathon>

The Organizing Committee of the Competition is not responsible for information posted on other informational resources.

## 21. RIGHTS TO COVER THE COMPETITION

### 21.1.

Corporate Fund "Courage to Be the First" (hereinafter – the Copyright Holder) owns exclusive media rights to cover the Competition: broadcasts of an image and (or) sound of the sports event through any means and (or) by using any technology, as well as video recording of the broadcasts.

The Copyright Holder has the right to enter into written agreements with third parties for the acquisition of rights to cover the sports event.

## 22. FINAL PROVISIONS

### 22.1.

This Regulation for the Competition serves as an official invitation – a call to participate in the Competition.

### 22.2.

The Organizing Committee is not responsible for any damage caused to Competition participants as a result of accidents, loss of personal belongings, or damage to property.

### 22.3.

The Organizing Committee is not liable for the health of participants, nor for injuries, illnesses, or other medical issues that may arise during preparation or participation in the Competition. Each participant is fully responsible for their own health and physical condition and is required, if necessary, to undergo a medical examination before participating in the Competition.

### 22.4.

The Organizing Committee reserves the right to make changes to this Regulation for the Competition.

ALMATY  
MARATHON